

This educational program is build upon the principles of integrity, identity and mutual honesty, and those are key aspects of the whole process.

The intention of the program is to

- support you in re-discovering your innate knowledge, recognize the qualities of the tools you contain
- help you strengthen and maintain your personal boundaries, and express the fullness of yourself
- help you in being receptive towards unexpected gifts and body wisdom harbored within you
- establish and maintain nonjudgmental awareness and openness towards others
- prepare you to dig deep, acknowledge and to include the unknown and unforeseen experiences of this education
- assist you on your way to gather courage and bring kindness to your personal vulnerabilities
- support you in creating a platform of authenticity and integrity on which you will stand when assisting yourself, and others through their personal immersing process
- encourage you to think *through* your limits instead of *to* them
- inspire you to find peace and unconditional joy in your heart

The 2 year educational program

- Identification, expansion and expression of your innate body wisdom, your intuition and integrity
- Reflections on and internalization of the practical and emotional experiences on your educational journey
- Openness to the present moment, to what you may not be able to grasp and to new perspectives on any matter concerning your personal path
- Practice on being patient with your patience and gentle towards your vulnerability
- Working on letting go of limiting expectations, if you have any, towards yourself and others

The 6 month personal training program

- Further integration and practical usage of the impact of the previous 2 year educational program
- Unfolding your newfound intuition, learned skills and re-defined identity in favor of others
- Committing to the on-going process of being and becoming an original version of an Intuitive Transformation Therapist
- Doing the inner workings required to balance, maintain your learning process and embrace more and more aspects of yourself

30 sessions with your own clients will bring you numerous and diverse experiences. Along the way you are being provided with a large dose of personal guidance and highly qualified supervision.

Your final and rewarding test will be designed exclusively to you and takes place when you and Cassandra Mohildy agree that you are ready.